



“I am with you always”

(Matthew 28:20)

While a Family Member is in Hospital

Companionship & support are important to patients in hospital.

While in these times, you may not be able to physically visit your loved one, we encourage you to keep in touch with them, where possible, over the phone, on social media, via video calls, etc.

You can also journey with them and support them through prayer. This leaflet offers some ways to help you pray.

Lord Jesus, heal your servant quickly, if this be your will.

You said to the disciples that you were leaving peace with them, your peace.

Give the one we love that peace which you promised—
the peace that this world cannot give.

Let not their heart be troubled or afraid.

Help them to trust and know
that you are with them even to the end of time.

Increase the faith of all who follow you,
and help us to love you and each other more deeply. Amen.¹



A Prayer for Healthcare Workers

Loving God,
we place into your care
all our doctors, nurses
and healthcare workers.
Give them courage of heart
and strength of mind & body.
Keep them safe from harm.
May they know our deep gratitude
for all they are doing to heal and help.
God of all consolation,
may they know your protection
and peace. Bless them in these challenging days
and bless their families. Amen.



(adapted from kandle.ie)

*Lord, as we sit here together,
thinking of our family member in hospital,
we feel pain and distress.*

*Send your healing Spirit to lighten our anxiety,
to relieve our suffering, to give us strength to carry on,
to keep hope and joy alive in our hearts.*

*Lord, you went about doing good and healing the sick -
show us that same love today. Amen.²*

Loving God, please grant me peace of mind and calm my troubled heart.

Give me the strength and clarity of mind to find my purpose
and walk the path you've laid out for me.

I trust your love God, and know that you will heal this stress and pain.

Just as the sun rises each day against the dark of night give me hope.

I pray that I will know your presence and peace with me each new day. Amen.³



*Where do we find our strength? In the Lord our God!
Some verses of comfort and hope.*

Exodus 15:2 The Lord is my strength and my song; he has given me victory. This is my God, and I will praise him.

Psalm 27: 1-3 The LORD is my light and my salvation whom shall I fear? The LORD is the stronghold of my life— of whom shall I be afraid?

Psalm 32:7-8 You are my hiding place; you will protect me from trouble and surround me with songs of deliverance.

Psalm 34:4 I sought the Lord, and he answered me, and delivered me from all my fears.

Psalm 46:1-3 God is our refuge and strength, an ever-present help in trouble. Therefore we will not fear, though the earth give way and the mountains fall into the heart of the sea, though its waters roar and foam and the mountains quake with their surging.

Joshua 1:9 Be strong and courageous; do not be frightened or dismayed, for the Lord your God is with you wherever you go.

Isaiah 41:10 So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand.

Deuteronomy 31:8 It is the Lord who goes before you. He will be with you; he will not fail you or forsake you. Do not fear or be dismayed.

John 14:27 Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.

“Why are you afraid? Have you no faith”?

Faith begins when we realise we are in need of salvation.

We are not self-sufficient; by ourselves we flounder:
we need the Lord, like ancient navigators needed the stars.

Let us invite Jesus into the boats of our lives.

Let us hand over our fears to him so that he can conquer them.

Like the disciples, we will experience
that with him on board there will be no shipwreck.
Because this is God’s strength: turning to the good
everything that happens to us, even the bad things.

He brings serenity into our storms,
because with God life never dies.

(Pope Francis, Meditation, March 27th 2020)



*To contact a hospital chaplain,
please ring your local hospital
or parish office.*

Sources: (1), (2), *“Prayers for the Sick”* by Michael Hollings & Etta Gullick (McCrimmons, 2006);
(3) www.praywithme.com